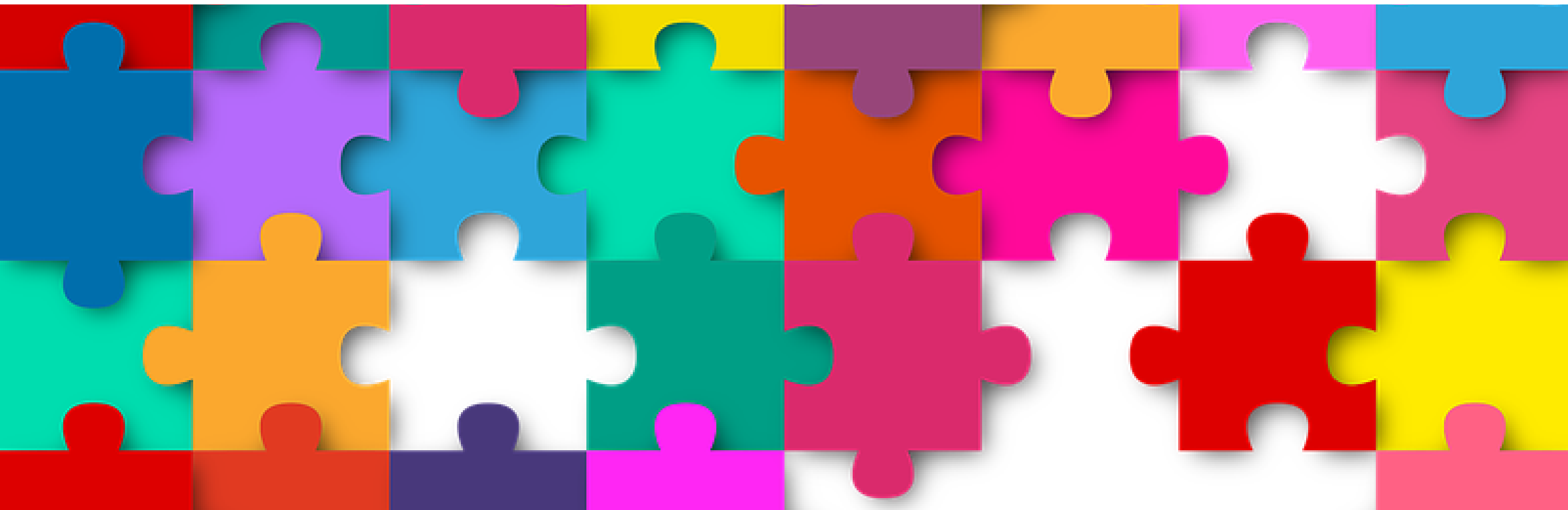


Have you had a stroke? Are you having problems with your memory?

Many people notice memory difficulties after having a stroke.

La Trobe University and Austin Health are looking at ways of regaining memory skills after a stroke, and maintaining them over time.



The Memory-SuSTAIN study is offering a FREE 6-week memory skills rehabilitation program. Groups meet weekly at Austin Health for a 2-hour session with a qualified neuropsychologist. Participants must have experienced a stroke at least 3 months before commencing.



After you have finished the memory group, you will receive:

Booster sessions with a clinician using videoconferencing (similar to Skype), OR SMS/email reminders of helpful memory strategies, OR no further treatment (current usual practice).



We will also ask you to complete a series of assessments to measure the impact of these additional treatments on your everyday memory. You will receive a report at the end of the study describing the results

Contact us!

FOR MORE INFORMATION CONTACT:

DR. JENNY BRADSHAW

Email: jennifer.bradshaw@austin.org.au
Phone: 03 9496 4988

DR. DANA WONG

Email: d.wong@latrobe.edu.au
Phone: 03 9479 1679



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