



We are currently in the final stages of recruiting for 4 studies & we need your help!

HRV & tDCS Studies

We're investigating the efficacy of Heart-rate Variability biofeedback (HRV) & Transcranial Direct Current Stimulation (tDCS) treatments & whether they aid emotion regulation and social dysfunction that may occur following TBI

We are looking for adults between the ages of 18 to 70 years with:

- a moderate to severe TBI, sustained as an adult.
- no ongoing treatment for psychiatric disorders (exceptions apply).
- functional reading & writing skills in English.

If you have a client who would be suitable & who is interested in participating, please contact [Poss](#) or [Emily](#) via email or phone on 02 9385 9074.

We are also recruiting Controls!!!

If you, or someone you know, have never had a moderate to severe TBI and are interested in being in our control group, please contact us!

Contact Details:

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Changing Perspectives: Development of a perspective taking fluency & flexibility task

Can you spare 45 minutes twice in two weeks? Do you want to have a go at generating perspectives to social situations?

We are looking for healthy English-speaking adults (18-65) to try this new task.

Your responses will help us develop a new perspective taking task.

Complete Part 1 [here](#) & Part 2 [here](#)

Carer's Way Ahead: Pilot Study

For carer's looking after people with TBI

Carers' Way Ahead is an online support programme for family members who are caring for a person with brain injury. It's aimed at providing families with education and strategies to help cope with challenging behaviours. At the moment we are looking for a few families to trial the programme as part of a research study to test its feasibility and acceptability.

If you know anyone who would be interested in applying for the trial, please forward this newsletter and ask them to click [here](#) or contact [Emily](#).