SEMINAR ON CONCUSSION/ MILD TRAUMATIC BRAIN INJURY

brain injury australia. braininjuryaustralia.org.au

WHY YOU SHOULD ATTEND? Concussions – a "mild" Traumatic Brain Injury – have become an urgent public health concern; particularly for the injured who do not make a complete recovery within expected timeframes, and due to the potential cumulative impacts of multiple concussions. Every year, thousands of Australians are hospitalised for concussion. For many more, their concussion will go undetected and untreated. And as many as 1 in every 5 will experience ongoing physical, cognitive or behavioural changes lasting months. Concussion can be difficult to diagnose. The management of persistent symptoms remains challenging.

SATURDAY 23rd MARCH 2024 1:00 p.m.* – 5:00 p.m.

(*A light lunch will be served from noon.)

IAN POTTER AUDITORIUM THE FLOREY INSTITUTE OF NEUROSCIENCE AND MENTAL HEALTH University of Melbourne 30 Royal Parade, Parkville, Victoria

WHAT YOU WILL HEAR? This Seminar will provide guidance on evidence-based best practice for the diagnosis, acute care and ongoing assessment and management of concussion/ "mild" Traumatic Brain Injury. It will include: developing a treatment plan for concussion; comorbidities such as neck, oculomotor, or vestibular conditions; protocols for optimum return to play and "return to learn"; the assessment and differential diagnosis of post-concussive disorders; the special consideration given to concussed women, children and adolescents; and the current knowledge about the potential long-term consequences of concussion, including neurodegenerative diseases such as Chronic Traumatic Encephalopathy (CTE). This Seminar has been designed for anyone with an interest in the assessment, treatment and management of concussion, including: General Practitioners*; sports physicians; allied health professionals; coaches; trainers; and family, domestic and sexual violence services.

*GPs can self-report this Seminar as Continuing Professional Development (CPD) with The Royal Australian College of General Practitioners. For more information, contact the College's CPD team in your State or Territory - <u>here</u>



DR. MICHAEL MAKDISSI is a consultant Sport and Exercise Medicine Physician and Chief Medical Officer at the Australian Football League (AFL). He previously worked as the senior team physician at the Hawthorn Football Club and as the Chief Executive Officer of the AFL Doctors Association. He was a member of the Scientific Committee for the 6th International Conference on Concussion in Sport, held in Amsterdam in October 2022. His other current roles include: player medical services at the Australian Open tennis tournament; honorary member of the Australian Rugby Union Concussion Advisory Group; Independent Concussion Consultant for World Rugby; honorary member of the Australian Commonwealth Games Medical Services; and Associate Editor of the British Journal of Sports Medicine.



DR. MUKESH HAIKERWAL AC is a General Practitioner in Melbourne's western suburbs, formerly Chair of Council of the World Medical Association and the 19th Federal President of the Australian Medical Association (AMA). He is a Life Fellow of the Royal Australian College of General Practitioners and, in 2014, was awarded the College's Gold Medal. In 2018 he was made a Companion (AC) in the General Division of the Order of Australia for "eminent service to medical governance, administration, and technology, and to medicine, through leadership roles with a range of organisations, to education and the not-for-profit sector, and to the community". In 2008, Dr. Haikerwal sustained a severe Traumatic Brain Injury after being assaulted in Melbourne. He is a Director of Brain Injury Australia.



DR. JASON CHAN has been Chief Medical Officer for the Melbourne Storm National Rugby League (NRL) team - one of the nation's most successful professional sports clubs - since 2014. He has also worked for Australian Football League (AFL) and Victorian Football League (VFL) clubs, the Melbourne Rebels Rugby Union and Queensland State of Origin Rugby League teams. Dr. Chan provides concussion education to sporting clubs in Melbourne's eastern and western suburbs.



PROFESSOR JOHN OLVER AM is a Consultant Physician in Rehabilitation Medicine and, for 25 years, was Medical Director of Rehabilitation at Epworth HealthCare in Melbourne – responsible for the inpatient and outpatient rehabilitation of patients with Traumatic Brain Injury, including concussion. In 2009, he was appointed Victor Smorgon Chair of Rehabilitation Medicine at Epworth HealthCare and Monash University. He is Director of the Epworth Monash Rehabilitation Medicine Unit. In 2014, he was appointed a Member in the General Division of the Order of Australia (AM) "for significant service to medicine, particularly the treatment and rehabilitation of acquired brain injuries." His main research interests include Traumatic Brain Injury, multi-trauma, spasticity management and stroke rehabilitation. He has co-authored over 120 papers and 5 book chapters.



DR. VICKI ANDERSON is Director of Clinical Sciences Research at the Murdoch Children's Research Institute and Professor in the Melbourne School of Psychological Sciences at The University of Melbourne. She is also a National Health and Medical Research Council (NHMRC) Investigator Fellow. Her recent work has focussed on translating her early career findings into clinical practice to optimise child outcomes from brain injury, including concussion. Her major translational achievements include: publication of the Test of Everyday Attention for Children; development of easily accessed, low burden, e-health approaches to parent-focused psychosocial treatments to maximise child outcomes; development of a novel, comprehensive iPad-delivered assessment tool for social competence; digital health tools for monitoring child post-concussion symptoms (endorsed in a partnership with the Australian Football League); and authorship of the first-ever international paediatric sports concussion guidelines of the International Consensus on Sports Concussion.



KATHERINE PRICE SNEDAKER is the Executive Director and Founder of PINK Concussions – a preinjury education and post-injury medical care advocacy organisation for women and girls with brain injury, including concussion incurred from sport, violence, accidents or military service. Katherine has presented for the last ten years on sex differences in brain injury for organisations such as the US Department of Veterans Affairs, Boston Children's Hospital, Ohio State University, and the International Brain Injury Association. Alongside moderating online support groups for over 5,000 people, her work has featured in the New York Times, Scientific American, Marie Claire, US News and World Report, The Washington Post, and in interviews with Good Morning America, the BBC, NBC News, Fox News, ESPN and Al Jazeera.

SEMINAR COST \$150.00* (GST inclusive.) Lunch and afternoon tea will be provided.

*Group discounts will be available. Please contact Brain Injury Australia.

THE SEMINAR'S NUMBERS ARE STRICTLY LIMITED, SO REGISTER EARLY. FOR REGISTRATION AND PAYMENT DETAILS, PLEASE SEE THE NEXT PAGE. All proceeds from the seminar will support the work of Brain Injury Australia.



REGISTRATION FORM/ TAX INVOICE

(For GST purposes, this document will act as a tax invoice upon receipt of payment)

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SEMINAR ON CONCUSSION / MILD TRAUMATIC BRAIN INJURY

The Florey Institute of Neuroscience and Mental Health, The University of Melbourne, 30 Royal Parade, Parkville Saturday 23rd March 2024, 1:00 p.m.* – 5:00 p.m. (*A light lunch will be served from noon. Afternoon tea will also be provided.)

SEMINAR COST: \$150.00 (GST inclusive)

| Name: | | |
|---------------------------------|----------------------------------|--|
| Organisation (if applicable): | | |
| Position/ occupation: | | |
| Postal address: | | |
| E-mail: | Best contact / mobile telephone: | |
| Disability access requirements: | | |
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Special dietary requirements: _

PAYMENT DETAILS:

(Payment by Electronic Funds Transfer (EFT) is preferred.)

ELECTRONIC FUNDS TRANSFER:

(Note: please enter the initial of your first name and your surname as the payment reference. However, if it is a business/ organisational registration for multiple attendees please enter the name of the business/ organisation as your payment reference.)

BSB: 032 267 Account number: 302 928 Account name: Brain Injury Australia ABN: 77314074922 ACN:144700532

CREDIT CARD PAYMENT:

Provide card details below.

| Visa MasterCard |
|-----------------------|
| Credit Card No |
| |
| Expiry: / CVC/CVV: |
| Cardholder Name: |
| Cardholder Signature: |

CANCELLATION POLICY: Any cancellations must be notified in writing. Cancellations notified 7 days prior to the Seminar will be refunded (a \$25.00 administration fee will apply).

Registrations are transferable.

PLEASE FORWARD THE COMPLETED REGISTRATION FORM

E-MAIL: admin@braininjuryaustralia.org.au

MAIL: Brain Injury Australia, PO Box 220, Marrickville, NSW 1475 (If your organisation requires a tax invoice to be supplied prior to payment please email your request to; *admin@braininjuryaustralia.org.au*

BRAIN INJURY AUSTRALIA

Founded in 1986, Brain Injury Australia is the national peak advocacy organisation representing the needs of the 700,000 Australians with a brain injury, their families and carers. Alongside providing policy advice to governments, Brain Injury Australia also drives multi-year public awareness campaigns devoted to: the leading cause of death and disability in children who have been abused, inflicted traumatic brain injury - sometimes called "shaken baby syndrome"; concussion in sport; the leading cause of Traumatic Brain Injury (TBI), falls - due to the ageing of populations in developed countries; people with a brain injury in the criminal justice system - as many as 80 per cent of Australia's adult prisoners report brain injury; and women, Domestic and Family Violence and brain injury.